

IN CASE OF LIFE-THREATENING SITUATIONS / CONCERNS FOR ONE'S OWN OR SOMEONE ELSE'S IMMEDIATE SAFETYCALL RCMP 1-867-979-0123 (867-439-0123)

FOR NON-LIFE-THREATENING YOUTH DISTRESS SITUATIONS

CALL KAMATSIAQTUT HELPLINE – 867-979-3333 / 800-265-3333 (ALL DAY, EVERYDAY)

KIDS HELP PHONE – 1-800-668-6868 (ALL DAY, EVERYDAY)

CRISIS TEXT LINE – TEXT "CONNECT" TO 686868 (ALL DAY, EVERYDAY)

HOPE FOR WELLNESS HELPLINE – 1-855-242-3310 (ALL DAY, EVERYDAY)

COMMUNITY RESOURCES & SUPPORTS

ILLNESS/INJURY (NON-LIFE THREATENING)	SUPPORT AND COUNSELLING	DISTRESS/ SUICIDAL THOUGHTS	ADVOCACY	SEXUAL ASSAULT	EMERGENCY HOUSING	EMERGENCY FUNDING
<p>Health Center 867- 439-8816</p>	<p>Iisagsivik Toll-free counselling line: 1-888-331-4433 (Inuktitut and English)</p> <p>Community Wellness Coordinator 999-9999</p> <p>Wellness worker (867) 439-8333</p>	<p>Mental Health Nurse (867) 439-8980 867-439-8873</p>	<p>Representative for Children and Youth 1-855-449-8118 contact@rcynu.ca</p> <p>Child and Youth Support Centre 867-975-5233</p>	<p>Nunavut Victim Services: 1-866-456-5216</p>	<p>Social Services Office: (867) 439-8812</p> <p>Social Services Emergency</p> <p>Local Housing Organizations 867-439-8833</p> <p>Nunavut Housing Corporation http://www.Nunavut housing.ca/</p>	<p>Social Assistance (18 and over)</p> <p>Income Assistance Officer 867-439-8000</p> <p>Government of Nunavut Employee/Family Assistance (800) 663 1142</p> <p>Government of Canada Employee/Family Assistance (800) 268 7708</p> <p>Kaviak Applications http://www.kakivak.ca/en/applications</p> <p>QIA's Grants and Contributions 800-667-2742 867-975-8400 https://www.qia.ca/ap plications/</p>

OTHER RESOURCES / SUPPORTS AVAILABLE IN ARCTIC BAY / IKPIARJUK:

- FAMILY / FRIENDS WHO YOU TRUST
- ELDERS WHO YOU TRUST

FOR OTHER SUPPORTS, VISIT ISAKSIMAGIT INUUSIRMI KATUJJIQAATIGIIT EMBRACE LIFE COUNCIL – WWW.INUUSIQ.COM