

**IN CASE OF LIFE-THREATENING SITUATIONS / CONCERNS FOR ONE'S OWN OR SOMEONE ELSE'S IMMEDIATE SAFETY CALL RCMP 1-867-979-0123 (867-439-0123)**

**FOR NON-LIFE-THREATENING YOUTH DISTRESS SITUATIONS**

**CALL KAMATSIAQTUT HELPLINE – 867-979-3333 / 800-265-3333 (ALL DAY, EVERYDAY)**

**KIDS HELP PHONE – 1-800-668-6868 (ALL DAY, EVERYDAY)**

**CRISIS TEXT LINE – TEXT "CONNECT" TO 686868 (ALL DAY, EVERYDAY)**

**HOPE FOR WELLNESS HELPLINE – 1-855-242-3310 (ALL DAY, EVERYDAY)**

**COMMUNITY RESOURCES & SUPPORTS**

ILLNESS/INJURY (NON-LIFE THREATENING)	SUPPORT AND COUNSELLING	DISTRESS/ SUICIDAL THOUGHTS	ADVOCACY	SEXUAL ASSAULT	EMERGENCY HOUSING	EMERGENCY FUNDING
<p><b>Health Center</b> (867) 857-3100</p>	<p><b>Ilisqsiqivik Toll-free counselling line:</b> 1-888-331-4433 (Inuktitut and English)</p> <p><b>RN Mental Health</b> 867-857-3100</p>	<p><b>Psychiatric Nurse</b> 867-857-3100 867-857-3013</p>	<p><b>Representative for Children and Youth</b> 1-855-449-8118 contact@rcynu.ca</p> <p><b>Child and Youth Support Centre</b> 867-975-5233</p> <p><b>Child and Youth Outreach Worker</b> 867-857-2841</p>	<p><b>Nunavut Victim Services:</b> 1-866-456-5216</p>	<p><b>Social Services Office:</b> (867) 857-3108 (867) 857-3109</p> <p><b>Social Services Emergency: (867) 857-3146</b></p> <p><b>Local Housing Organizations</b> 867-857-2973</p> <p><b>Nunavut Housing Corporation</b> 867-252-3756 <a href="http://www.NunavutHousing.ca/">http://www.NunavutHousing.ca/</a></p>	<p><b>Social Assistance</b> (18 and over)</p> <p><b>Income Assistance Officer</b> 867- 857-3181 or 857-3182 or 857-3188</p> <p><b>Government of Nunavut Employee/Family Assistance</b> (800) 663 1142</p> <p><b>Government of Canada Employee/Family Assistance</b> (800) 268 7708</p> <p><b>Kiviak Applications</b> <a href="http://www.kakivak.ca/en/">http://www.kakivak.ca/en/</a></p> <p><b>KIA's funding programs</b> 800-220-6581 867-645-5725 <a href="http://kivalliqinuit.ca/funding-programs-2">http://kivalliqinuit.ca/funding-programs-2</a></p>

**OTHER RESOURCES / SUPPORTS AVAILABLE IN ARVIAT:**

- FAMILY / FRIENDS WHO YOU TRUST
- ELDERS WHO YOU TRUST

**FOR OTHER SUPPORTS, VISIT ISAKSIMAGIT INUUSIRMI KATUJJIQAATIGIIT EMBRACE LIFE COUNCIL – WWW.INUUSIQ.COM**