

**IN CASE OF LIFE-THREATENING SITUATIONS / CONCERNS FOR ONE'S OWN OR SOMEONE ELSE'S IMMEDIATE SAFETY**

CALL RCMP 867-896-1111

## NON-LIFE-THREATENING YOUTH DISTRESS SITUATIONS

CALL KAMATSIAQTUT HELPLINE – 867-979-3333 / 800-265-3333 (ALL DAY, EVERYDAY)

CALL HOPE FOR WELLNESS – 855-242-3310 (ALL DAY, EVERYDAY)

OR CALL KIDS HELP PHONE – 1-800-668-6868 / CRISIS TEXT LINE – TEXT "CONNECT" TO 686868 (ALL DAY, EVERYDAY)

## COMMUNITY RESOURCES & SUPPORTS

ILLNESS/ INJURY (NON- LIFE THREATENING)	SUPPORT AND COUNSELLING	DISTRESS/ SUICIDAL THOUGHTS	ADVOCACY	SEXUAL ASSAULT	EMERGENCY HOUSING	EMERGENCY FUNDING
<p>Health Centre 867-896-9916</p>	<p>Family Wellness Office 867-896-9062</p> <p>Pulaarvik Kablu Friendship Centre 867-896-1111</p>	<p>Mental Health Nurse 867-896-9916</p>	<p>Representative for Children and Youth 855-449-8118</p> <p>Community Justice Outreach Worker 867-896-9961</p>	<p>Health Centre 867-896-9916</p> <p>Social Services Office 867-896-9062</p>	<p>Social Services Office 867-896-9062</p> <p>Nunavut Housing Corporation 867-252-3756 <a href="http://www.nunavuthousing.ca/home">http://www.nunavuthousing.ca/home</a></p>	<p>Income Assistance Worker 867-896-9921</p> <p>KIA's funding programs 800-220-6581 867-645-5725 <a href="http://kivalliqinuit.ca/funding-programs-2/">http://kivalliqinuit.ca/funding-programs-2/</a></p> <p>Kakivak Association 1-800-561-0911 <a href="http://www.kakivak.ca/en/overview">http://www.kakivak.ca/en/overview</a></p>

### OTHER RESOURCES / SUPPORTS AVAILABLE IN WHALE COVE / TIKIRARJUAQ:

- FAMILY / FRIENDS WHO YOU TRUST
- ELDERS WHO YOU TRUST

FOR OTHER SUPPORTS, VISIT ISAKSIMAGIT INUUSIRMI KATUJJIQAATIGIIT EMBRACE  
LIFE COUNCIL – [WWW.INUUSIQ.COM](http://WWW.INUUSIQ.COM)