

**IN CASE OF LIFE-THREATENING SITUATIONS / CONCERNS FOR ONE'S OWN OR SOMEONE ELSE'S IMMEDIATE SAFETY CALL RCMP 1-867-979-0123 (867-439-0123)**

**FOR NON-LIFE-THREATENING YOUTH DISTRESS SITUATIONS**

**CALL KAMATSIAQTUT HELPLINE – 867-979-3333 / 800-265-3333 (ALL DAY, EVERYDAY)**

**KIDS HELP PHONE – 1-800-668-6868 (ALL DAY, EVERYDAY)**

**CRISIS TEXT LINE – TEXT "CONNECT" TO 686868 (ALL DAY, EVERYDAY)**

**HOPE FOR WELLNESS HELPLINE – 1-855-242-3310 (ALL DAY, EVERYDAY)**

**COMMUNITY RESOURCES & SUPPORTS**

ILLNESS/INJURY (NON-LIFE THREATENING)	SUPPORT AND COUNSELLING	DISTRESS/ SUICIDAL THOUGHTS	ADVOCACY	SEXUAL ASSAULT	EMERGENCY HOUSING	EMERGENCY FUNDING
<p><b>Health Center</b> (867) 360-7441</p>	<p><b>Ilisaqsivik</b> <b>Toll-free</b> <b>counselling</b> <b>line:</b> 1-888- 331-4433 (Inuktitut and English)</p> <p><b>Mental Health</b> <b>Outreach</b> <b>Worker</b> 867- 360-6387</p> <p><b>Wellness</b> <b>counselor</b></p>	<p><b>Psychiatric Nurse</b> 867-360-7441</p>	<p><b>Representative</b> <b>for Children and</b> <b>Youth</b> 1-855-449- 8118 contact@rcynu.ca</p> <p><b>Child and Youth</b> <b>Support Centre</b> 867-975-5233</p>	<p><b>Nunavut</b> <b>Victim</b> <b>Services:</b> 1-866-456- 5216</p>	<p><b>Social</b> <b>Services</b> <b>Office:</b> (867) 360-6406</p> <p><b>Social</b> <b>Services</b> <b>Emergency</b></p> <p><b>Local</b> <b>Housing</b> <b>Organizations</b> 867-360-6927</p> <p><b>Nunavut</b> <b>Housing</b> <b>Corporation</b> 867-252-3756 <a href="http://www.Nunavut housing.ca/">http://www. Nunavut housing.ca/</a></p>	<p><b>Social Assistance</b> (18 and over)</p> <p><b>Income Assistance</b> <b>Officer</b> 867- 360-7391 or 360-4641 or 360- 6502</p> <p><b>Government of</b> <b>Nunavut</b> <b>Employee/Family</b> <b>Assistance</b> (800) 663 1142</p> <p><b>Government of</b> <b>Canada</b> <b>Employee/Family</b> <b>Assistance</b> (800) 268 7708</p> <p><b>Kaviak Applications</b> <a href="http://www.kakivak.ca/en/applications">http://www. kakivak.ca/en/ applications</a></p>

**OTHER RESOURCES / SUPPORTS AVAILABLE IN GJOA HAVEN / UQSUQTUUQ:**

- FAMILY / FRIENDS WHO YOU TRUST
- ELDERS WHO YOU TRUST

**FOR OTHER SUPPORTS, VISIT ISAKSIMAGIT INUUSIRMI KATUJJIQAATIGIIT EMBRACE LIFE COUNCIL – WWW.INUUSIQ.COM**